

Home Kit & Food Tracker

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How it works

1. Kit: list every item in your emergency kit with where it's kept and its expiry or replace-by date.
2. Food and Water: log what you've stored. The Status column turns amber 60 days before a date and red once it has passed.
3. Summary shows what needs attention. Shopping list collects everything that's expired or due soon.
4. Review: tick off your six-monthly checks (GOV.UK Be Ready suggests checking supplies every six months).

Using it in Google Sheets: File > Import > Upload this file, or open it from Google Drive. Everything works the same.

Using it on a phone: the Excel and Google Sheets apps both work.

Change the warning window: edit the number in Summary!B3 (default 60 days).

Starter items in the Kit tab are suggestions based on GOV.UK Be Ready's emergency kit list — edit or delete freely.

General information only. In an emergency call 999.

Tabs in the file: Start here · Summary · Kit · Food · Water · Shopping list · Review

Emergency kit inventory — tab "Kit"

One row per item. Dates: day/month/year.

Item	Category	Qty	Where it's kept	Expires / replace by	Status	Last checked	Notes
Bottled drinking water	Water				(automatic)		
Torch	Light				(automatic)		
Spare batteries	Light				(automatic)		
Battery or wind-up radio	Power & comms				(automatic)		
Power bank	Power & comms				(automatic)		
First aid kit	First aid				(automatic)		
Regular medicines (few days)	First aid				(automatic)		
Copies of important documents	Documents				(automatic)		
Cash in small notes and coins	Documents				(automatic)		
Warm clothes & blankets	Warmth				(automatic)		
Hand sanitiser & wipes	Hygiene				(automatic)		
Non-perishable food	Food				(automatic)		
Tin opener	Food				(automatic)		
Pet food	Pets				(automatic)		
Baby supplies	Children				(automatic)		
Spare keys	Documents				(automatic)		
Phone charger cable	Power & comms				(automatic)		
Household plan copy	Documents				(automatic)		

Food rotation log — tab "Food"

Eat the oldest first. No-cook foods are most useful in a power cut.

Food	Qty	Where	Added on	Best before / use by	Status	Needs cooking?	Notes
					(automatic)		
					(automatic)		
					(automatic)		
					(automatic)		
					(automatic)		
					(automatic)		

Six-monthly review — tab "Review"

Suggested: the weekends the clocks change.

Check	Spring — date	Spring — done	Autumn — date	Autumn — done
Rotate water				
Check food dates				
Test torches and swap batteries				
Charge power banks				
Test smoke and CO alarms				
Update contacts list				
Update medicines list				
Check grab bag				
Check pet supplies				
Read the household plan together				