

Power Cut & Blackout Plan

Stay lit, warm, fed and in touch when the power goes — from a two-hour cut to a multi-day blackout. UK edition.

When the power goes

12 pages · fillable or printable · UK numbers
pre-filled · official-source based

About this edition

A focused plan for one job. Fill it in on screen or print it — one page a sitting is plenty.

What's inside

- A first-hour checklist and who to call (105 in Great Britain, NIE Networks in Northern Ireland)
- Powered equipment and the Priority Services Register
- Light & power kit log with charge checks
- Fridge and freezer food plan
- Keeping warm and cooking safely without mains power
- A long-blackout plan for 3+ days
- Power-cut log for reference numbers and compensation claims
- Fridge card

If you already own other Civilian Survival Handbook plans

The Household Emergency Plan Pack has a one-page power cut plan. This edition goes much deeper and shares no pages with it. The Extended Disruption Plan covers long emergencies of all kinds; this one is only about electricity.

Where the facts come from

- Energy Networks Association — powercut105.com
- Ofgem — Priority Services Register and Guaranteed Standards
- NIE Networks
- Food Standards Agency — food in a power cut
- National Risk Register 2025
- GOV.UK Be Ready

General information to help you organise your household — not professional, medical or safety advice. Always follow instructions from the emergency services and official bodies. In an emergency call 999 (UK) or 112 (EU).

The first hour

Most power cuts are short. These steps work for every one of them.

- ☐ Check the fuse box / consumer unit — is it just us?
- ☐ Look outside — are neighbours and streetlights off too?
- ☐ Great Britain: call 105 (free) or check your network operator's website
- ☐ Northern Ireland: NIE Networks 03457 643 643
- ☐ Use torches, not candles
- ☐ Switch off appliances that could come back on unattended (cooker, heaters, irons)
- ☐ Leave one light switched on so you know when power is back
- ☐ Keep fridge and freezer doors shut
- ☐ Check on anyone at home or nearby who relies on powered equipment
- ☐ Listen for updates on a battery or wind-up radio

Our details for the call

OUR NETWORK OPERATOR

POSTCODE / MPAN (ON THE BILL)

WHERE THE CONSUMER UNIT IS

WHERE THE TORCHES ARE

Notes