

Be Ready in 20 minutes

A calm, practical household plan

For [your group's name]

[Speaker's name] · [date]

Why now?

- The government's Be Ready campaign asks every household to be ready for at least 3 days
- Most emergencies in UK homes are short and ordinary: a power cut, a storm, the water off
- Being ready is about ordinary things, done in advance

What usually happens

- Power cuts: Be Ready says most are short and local
- Storms and floods: the Met Office warns in advance
- Water off or a boil notice: your water company tells you
- Your phone may not work if the local mast is affected

Water for 3 days

- 3 litres per person per day (Be Ready)
- A household of 2 for 3 days: 18 litres
- Bottled water you already buy, dated
- Pets need water too

The Be Ready kit

- Water and food that needs no cooking
- Torch and spare batteries; battery or wind-up radio
- Charged power bank; some cash
- First aid kit and essential medicines; copies of documents

If the power goes off

- Call 105, free, in England, Scotland and Wales
- Northern Ireland: NIE Networks 03457 643 643
- Use a torch, not candles
- Fridge stays cold up to 4 hours; a full freezer up to 48 hours, doors shut

Storms and floods

- Met Office warnings: yellow, amber, red
- Amber: think about changing plans and about family and neighbours
- Floodline: 0345 988 1188, 24 hours
- Flood warnings are free to sign up for

Gas and carbon monoxide

- Smell gas? 0800 111 999 (Northern Ireland 0800 002 001)
- Don't use switches or flames; open windows
- Camping stoves and barbecues: outdoors only
- Carbon monoxide has no smell: fit an alarm

Extra help is free

- Priority Services Register: energy and water companies
- For age, health, disability and other needs
- Can mean warnings before planned cuts and extra support
- Ask your supplier, network operator and water company

Neighbours and our group

- Know who might like a knock in bad weather
- Swap numbers with one or two neighbours
- Get official updates from official sources
- Don't go to the scene of an emergency to help

Your 10-minute plan

- One person outside the area everyone texts
- Two meeting points: just outside, and in the area
- Where the stop tap, fuse box and gas handle are
- Where the torches are

Take this home

- Scan the code for the free Power Cut Card
- Do the 10-minute plan this week
- Ask about the Priority Services Register
- Thank you



Free Power Cut Card